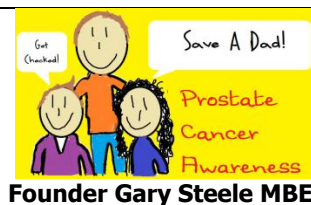


# Leighton Hospital Prostate Cancer Support Group



MARCH 2019

Dear Member

Could you be a PAL? **P Prostate support**  
**A Advise and**  
**L Listen**

The Committee would like to set up a "PAL" system to support other members during their diagnosis/treatment/ life after treatment and would really appreciate your assistance please.

If you feel you could chat to another man (or his partner) about what they are going through please would you complete the form below and return to us.

We assure you your details will be stored securely, and only your name and a telephone number will be passed to anyone wishing to speak to a member with experience of what they are going through. We do not envisage a huge rush of requests, but we feel it would be very beneficial to anyone facing treatment/side effects and something useful that our members can offer other men.

Keith Mahoney has kindly volunteered to administer this database, so please would you return your completed forms to Keith:

**8 Bishops Wood, Nantwich, Cheshire CW5 7QD**

**Tel:** 01270 627510 **Email:** mahoney8uk@aol.com

Thank you.

<b>Your Name</b>		
<b>Contact details (home/mobile telephone number)</b>		
<b>Date of Diagnosis</b>		
<b>Date of active treatment</b>		
		Please tick if you have experience of these
<b>Surgery</b>	Radical (open) prostatectomy often followed by hormone therapy and/or radiotherapy	
	Robotic or laparoscopic prostatectomy	
<b>Radiation therapy</b>	Conventional external beam radiation therapy	
	Proton therapy	
	Permanent seed Brachytherapy	
	External beam radiotherapy with hormone therapy (and sometimes with high dose-rate brachytherapy)	

	High dose-rate (HDR) brachytherapy	
<b>Focal therapies</b>	Irreversible Electroporation (IRE)	
	Cryotherapy	
	High Intensity Focus Ultrasound (HIFU)	
	Radiofrequency Ablation (RFA)	
<b>Systemic treatments</b>	Chemotherapy	
	Hormone therapy alone	
	Watchful waiting	
	Active surveillance	
<b>Experience of</b>	Permanent incontinence	
	Erectile dysfunction	
	Abiraterone	
	Enzalutamide	
	Clinical trials	
	Bisphosphonates	
	Action taken if cancer returned	
	Supporting a husband with Prostate Cancer (a partner's view)	
<b>Further notes on your treatment/experience</b>		